



HSA



Shifa Health Savings Accounts (HSA)

Health Savings Accounts

The Shifa Health Savings Accounts (HSA) offers investment options that are compliant with Islamic Investment Principles, allowing Muslim investors to take advantage of an HSA that aligns with their religious beliefs. Mutual funds that invest according to Islamic principles typically avoid speculation. Additionally, to avoid *riba* (interest), the associated spending account tied to your debit card will not accrue interest.

What is an HSA?

An HSA allows you to pay for IRS qualified health care expenses in a tax-advantaged savings account. Whether you're balancing many health care expenses year after year, or only a few, an HSA can help you manage your expenses today and in the future. Generally, anyone who is covered under a qualified high-deductible health care insurance plan may open an HSA.

Triple Tax Advantage

- Tax-Free Contributions:** Deposits made directly from you into your Shifa HSA result in an HSA year-end tax deduction.
- Tax-Free Earnings:** Accountholders do not pay income tax on earnings from investing HSA dollars. To avoid *riba*, and to comply with Islamic investment principles, no interest is earned on the money held in your Saturna Wallet which is available to pay for qualified medical expenses.
- Tax-Free Withdrawals:** If the qualifying medical expense was made after you established your HSA, you can use the funds in your Shifa HSA to reimburse yourself for out-of-pocket expenses without tax implications. There is no time limit to reimburse yourself for qualified medical expenses which means you can build tax-free earnings.

HSA Contribution Eligibility

To be eligible to contribute into an HSA, you must participate in a qualified high deductible health plan (QHDHP) and to not be enrolled in any other non QHDHP health care plan, which includes but is not limited to Medicare or TriCare.

Contributions into your Shifa HSA can be made by you or your eligible family members. If you are unsure if you are enrolled in a QHDHP, please check with your health insurance provider or company's HR department.

Your HSA money is always yours.

Unlike the flexible spending account "use it or lose it" rule for the specific tax year, your HSA allows you to rollover your unused account balance from year to year. Contributions into your Shifa HSA may be made up to the limits established by the IRS each year. The money accumulated in your Shifa HSA is yours regardless of who made the contribution. If your circumstances change, and you can no longer contribute into your Shifa HSA, your existing balance remains yours and although you will not be allowed to make new contributions, your account can remain open.

HSA Contribution Limits		
	Individual	Family
HSA Contribution Limits (employer + employee)		
2025	\$4,300	\$8,550
HSA Catch-up Contributions (age 55 and older)		
2025	\$1,000	\$1,000

High-Deductible Health Plans constitute insurance products, which are not offered by Saturna Trust Company, or UMB Bank, n.a. and are not FDIC-insured.

All mention of taxes is made in reference to federal tax law. Neither Saturna Trust Company nor UMB Bank n.a., nor its parent, subsidiaries, or affiliates are engaged in rendering tax or legal advice and this document is not intended as tax or legal advice.

States can choose to follow the federal tax-treatment guidelines for HSAs or establish their own; some states tax HSA contributions. Please check with each state's tax laws to determine the tax treatment of HSA contributions, or consult your tax adviser.

Health Savings Accounts

Three Easy Ways to Pay for Qualified Medical Expenses Using Your Saturna Wallet

Saturna has partnered with UMB Bank to bring you an FDIC-insured bank account to pay for qualified medical expenses.

1. **Saturna HSA VISA® Debit Card:** You no longer need to use cash, checks, or wait to be reimbursed for out-of-pocket expenses such as prescriptions and over-the-counter items. Instead, simply use your VISA Debit Card at point of purchase.
2. **Online Bill Pay:** For medical procedures or hospitalization, you may decide to use the Saturna online banking feature to pay your invoice.
3. **Online Reimbursement:** For out-of-pocket expenses, you can transfer money from your HSA account into your personal checking/savings account or request a reimbursement check.



HSA Qualified Medical Expenses

You can use your HSA savings and earnings to pay for qualified medical expenses up to the amount of your yearly health care insurance deductible.

The IRS defines allowable expenses. For more information, please visit www.irs.gov/publications/p502 or refer to IRS Publication 502, Medical and Dental Expenses. You may also consult your tax professional.

Common allowable expenses include:

- Acupuncture
- Birth control pills
- Chiropractic services
- Dermatology treatment
- Emergency transportation
- Eyeglasses and contact lens supplies
- Hearing aids
- LASIK surgery
- Nursing homes and care
- Optometry treatments
- Orthodontia and dental treatment
- Orthopedic services (including shoes)
- Osteopathy
- Over-the-counter medications (with a prescription)
- Pediatric services
- Prescription medications
- Psychiatric care
- Psychology services
- Cessation programs
- Vaccines
- Medical weight loss programs

INVESTMENTS IN SECURITIES ARE: NOT FDIC INSURED • NOT BANK GUARANTEED • MAY LOSE VALUE

HSA distributions are tax-free if they are used to pay for qualified medical expenses (as defined under Section 213(d) of the Internal Revenue Code). Distributions made for any other purpose are subject to income tax and a 20% penalty. Distributions must be for a qualified medical expense. The 20% penalty is waived:

- In the case of death or disability
- When distributions are made by individuals age 65 and older

Saturna reports distributions to you and the IRS on Form 1099-SA.

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Health Savings Accounts

Saturna HSA Wallet offers ReceiptVault for easy record retention.

The IRS may request that you show proof of how you spent your tax-free money. The recordkeeping of your HSA receipts is solely your responsibility. It is important to maintain all receipts, records, and other documentation as proof that the money withdrawn from your HSA was used for qualified medical expenses. Within the Saturna HSA Wallet, the ReceiptVault is available to store and organize receipts online for qualified healthcare expenses for as long as you maintain your HSA with Saturna.

Your HSA at a Glance

A triple tax-advantaged savings account that you can use to pay for IRS-qualified health care expenses.

1. All Shifa HSA contributions and withdrawals flow through your UMB FDIC-insured bank account via your Saturna Wallet.

Saturna HSA Wallet Features:

- Saturna HSA VISA® Debit Card
- Online bill pay
- Online reimbursement
- ReceiptVault
- Non-interest bearing

2. Once the \$500 minimum required balance is met in the HSA Wallet, you may begin investing for growth.

Saturna HSA Investment Account Features:

- Investment plan menu
- Automatic investing for new contributions
- Tax-free investment growth

HSA Fees	
Asset-based Fee	
Accountholders are not charged on investments held in a Saturna Capital managed mutual fund.	
Monthly Fee	
\$0.00 monthly fee	
Account Fees	
Enrollment fee	None
Affiliated mutual fund trading fees	None
Plan menu fund trading	None
Mutual fund expenses	Please see a Fund's prospectus for details.
Account closure and transfer fee	\$25
Paper statement fee	\$3.00 quarterly <i>(Electronic statements are free.)</i>
Bank wire fee	\$15

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HSA deposit products offered by UMB Bank, n.a. Member FDIC.

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